



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:30am-11:45am <b>Prenatal Yoga</b> Roslindale Yoga Drop-Ins Welcome	9:30am – 10:30am <b>Baby &amp; Me Yoga</b> Charlestown Yoga Please Preregister	10:00am-11:30am <b>Kids Yoga</b> Private Preschool		No classes	10:30am-11:30am <b>Baby &amp; Me Yoga</b> Vadalna Tribal Dance Brewery on Amory St. Jamaica Plain Drop-Ins Welcome (starts Oct. 23 <sup>rd</sup> )	10:00-12:00 available for private lessons
3:30pm-4:30pm <b>Kids Classes</b> <b>Ages 2-6</b> Please Preregister	11:45am-12:45pm <b>Baby &amp; Me Yoga</b> 1 month to 1 year Roslindale Yoga Drop-Ins Welcome	1:00pm-2:00pm <b>Baby &amp; Me Yoga</b> 1 month to 1 year Norwood Hospital Drop-Ins Welcome		No classes	1:00pm-2:00pm <b>Baby &amp; Me Yoga</b> 1 month to 1 year Yoga Now in Dedham Drop-Ins Welcome	12:15pm-1:15pm <b>Prenatal Yoga</b> Yoga Now In Dedham Drop-Ins Welcome
5:30pm-6:45pm <b>Prenatal Yoga</b> Vadalna Tribal Dance Brewery on Amory St. Jamaica Plain Drop-Ins Welcome (starts Nov. 1 <sup>st</sup> )		7pm-8:30pm <b>Prenatal Yoga</b> Norwood Hospital Drop-Ins Welcome	7:00pm – 10:00pm Private Clients	No classes	3:00pm – 4:00pm Kids Yoga Private Preschool	1:30pm-6:30pm available for privates and birthday parties

All classes above are taught by Randi unless a sub is assigned. Schedule most recently updated October, 2009. All classes are subject to change so please contact Randi to confirm a class day and time. Prices are determined per location.

To confirm or preregister for any class please CALL 617-435-2268 or email [Randi@moonandson.com](mailto:Randi@moonandson.com) (or the specific location listed above).

Further descriptions of classes are available at [www.moonandson.com](http://www.moonandson.com)